



*Thank you for being part
of our DLG Family!*

**Registration for Superstars
Gymnastics Summer
Camp is now open!**

Superstars Camp is packed
FULL of fun you won't want
your kiddo to miss out on!

- Gymnastics
- Open Gym
- Games
- Crafts
- Dancing
- Snacks
- A visit from Mykayla
Skinner-Harmer
- BBQ/party
- Waterslide
- & more!

Summer camp is a great
place to meet new friends,
learn new gymnastics (in a
safe and fun way) and
make lasting memories!
Sign up today...



****NOW REGISTERING****

Superstars Gymnastics Summer Camp 2020

Held at Desert Lights Gymnastics - Chandler, AZ
Monday June 1 - Thursday June 4th

For details and registration, please visit
superstargymnasticscamp.com

Two great options -

Superstars Team Camp

**Monday - Thursday
9am-4pm**

Cost - \$395

**\$25 discount for second child
Lunch provided & a swag-bag**

**Recommended for competitive
team level gymnasts**

Open to ages 6 and up

Superstars Recreational Gymnastics Camp

**Monday - Thursday
9am-3pm**

**Cost - \$195
(Half-day camp option available)
9am-12 noon - \$115**

**Lunch is from 12-1
Campers can bring a sack lunch or buy
lunch for \$5**

Snacks provided & a swag-bag

**Recommended for students who are
beginning thru pre-team level**

Open to girls and boys ages 3 and up

Get 7 weeks of unlimited gymnastics classes this summer!

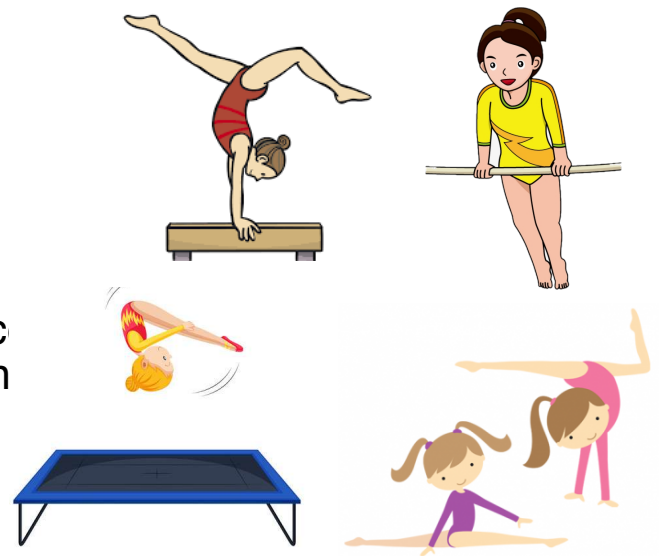
Students enrolled in their regular class and paid for seven week summer session may come to unlimited additional classes and open gym at no additional cost. Must call in advance to schedule unlimited gym, due to class size and first come first serve basis.

Unlimited 7 week summer session prices-early bird must be paid by June 1st.

Don't Forget About Open Gym!

Every Saturday from 12:15-2:15pm
\$10 for members ~ \$15 for non-members

Open Gym is always a great place to practice the skills you have been working so hard on
Bring a friend and have some fun!



Safety Reminder!

As much fun as it is to try/practice new skills, please remember that it is best to practice new skills at Desert Lights with coaches around. A great way to practice your new skills safely and correctly would be to come to open gym for the opportunity to work with different coaches and practice any skill(s) you would like safely and with correct technique.

While we do encourage you to try/practice your new skills at home, there are some great drills and exercises you can do that are not only safe but will benefit your gymnastics!



Hollow Hold



Bridge



Splits



Push-up Shape